

5 SIMPLE STEPS TO DISCOVERING YOUR DIVINE GIFTS



Discovering and developing your Divine Gifts is an important part of your life. If more people would acknowledge and embrace their Gifts, the world would be a better place because people would be happier and more fulfilled.

To discover your gifts, follow these 5 simple steps below . . .

TAKE SOME TIME

The first thing you need in order to discover your gifts is time to yourself. The best thing would be for you to set aside at least 15 minutes (preferably 20 or 30) each day to sit in a quiet spot and relax. Do everything you can to carve out those minutes, even if it means walking away from the computer or TV for a while.

If you have trouble setting aside time specifically for these exercises at home, try taking them during your lunch hour, or any other time where you can find peace for a little while. The important thing is that you find about 20 minutes each day to focus on and invest in yourself.

Your spiritual gifts WANT to be developed and used, but you have to give them their own special time in order to make that happen.

FOCUS

Once you have your quiet time and are settled in comfortably (but not so comfortably that you fall asleep), clear your mind. Just let everything go, and allow yourself to not think about anything other than you, and your Gifts. Push away all distractions, and ask God and your angels to help you find a clear, quiet space in your mind.

Once you get good at finding peace in your own mind, you can ask your angels for help with discovering and expanding your gifts. Set the intention that you will learn more about your Divine Gifts as you meditate, and visualize yourself opening up and growing stronger in your gifts.

Visualizations like these will open you up to figuring out what your Gifts are, and will give your angels and the Universe permission to make you aware of those gifts.

LET GO

When we talk about “letting go” in this case, what we’re referring to is letting go of any expectations you may have, or attachments to how things should be.

Specifically, as you relax and focus on developing your spiritual gifts, don’t expect anything to happen. If you are expecting to hear something, or see something, then you are attached to your Gifts manifesting in a certain way and at a certain time – which means that you will likely miss the manifestations that DO occur.

Not to mention if you’re busy expecting something specific to happen, it means you aren’t really relaxed and focusing.

BE OPEN

Being open to the experience is very important. It goes right along with the idea of letting go, since being open allows just about anything to happen.

You may think that your strength lies in being clairvoyant (clear seeing,) but what if your strength actually lies in being clairaudient (clear hearing?) If you aren’t open to hearing a message whispered to you, then the message will not come through. Be open to receiving messages any way they decide to come through, and at any time.

Also, you need to make sure that you are open to the messages themselves. You might be surprised how many people turn away from a message and ignore it simply because it wasn’t what they wanted to hear.

PRACTICE

Finally, practice using your Gifts every day. If you don’t know what they are, practice opening yourself up to them. If you do know what gifts you have, then make sure you are actually using them daily.

Whether it is clairvoyance, clairaudience, empathy, or any other gift, you can find creative and useful ways to use them in daily life that will allow you to practice using them.

Just like anything else, the more you practice using your Gifts, the stronger they will become and the easier time you will have with them.

Do these simple steps every day, and you are sure to start seeing results and positive changes in your life!

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